

Creative Family Living

By Dorothy L. Law



COUNSELOR,
LECTURER,
INSTRUCTOR IN
FAMILY
LIFE EDUCATION

In checking ourselves for "emotional maturity" it is a good thing to divide ourselves up into pieces, so to speak. We might refer to these parts as areas of participation in life. Naturally, we all have our good points along with the bad, none of us is so hopeless that there isn't some area in which we can function (though limited) and feel a degree of comfort and adequacy at one time or another. Of course, if our areas of healthy participation are limited, we do tend to overdo them as a compensation . . . i.e. the frustrated family man who pours all of his energies into his business is only trying to avoid facing his failures in family living and participation.

BALANCED PARTICIPATION IN LIFE

One of the most important areas we define is the self . . . feelings, ideas, goals which center around you. This is sometimes referred to as the "self concept." What is your self concept? Next are your attitudes toward sex, your husband or wife and children . . . do you love your children but find yourself avoiding sex? This may indicate conflict is present in this area of your life. Another area is your family, mother, father, relatives, etc. . . as one young woman who came in, do you have to call your mother every day in order to feel secure? Is there over-dependency upon your parents for emotional satisfactions which should be met by your spouse? Then there is the group in which you live — your community, your concepts of group life, your feelings and ideas in regard to living and working with others. This would include your degree of participation in the community, on the job, club work, philanthropic, social, etc. Some persons are so busy giving their "all" to the community they neglect other important areas of participation. These are only four vital areas through which we express ourselves.

BALANCED OUTLOOK ON LIFE

A balanced approach to life is apparent in the more "mature" personality, the ability to direct the emotions, reasonable goals, a minimum of fear and doubt, as well as a well defined value system . . . consideration and respect for the other fellow, willingness to consider his viewpoint, the ability to change plans without a major crisis. These are only a few of the aspects of the more mature personality. In the future, we will continue our discussion of them and others in more detail.



Jane Gately

Jane Gately Engagement Announced

Mr. and Mrs. Frank A. Gately announce the engagement of their daughter Jane Frances to James Leslie McGehee, son of Mr. and Mrs. Joseph McGehee of Willow Springs, Mo.

Miss Gately is a graduate of Narbonne High School, Class of June 1953.

McGehee attended school in Holland, Mo.

The couple are planning a November wedding at the Nativity Catholic Church.

PTA to Show Child's Day To Parents

The 186th St. School PTA will give its members a chance to "Begin Today to Know Your School Better" at the next meeting Thursday at 7:30 p.m.

After the business meeting the group will adjourn to the classrooms. Here the teachers will take parents through a typical school day and acquaint them with the textbooks and materials their children use.

Fifth grade room representatives and fifth grade teachers will be hosts and hostesses at a social hour.

CRENSHAW PTA

A coffee hour, sponsored by the Crenshaw PTA, will be held tomorrow in the home of Mrs. Arthur Vaughan, 3228 W. 183rd St., from 1 to 3 p.m. This get-together is for the purpose of helping the parents of Crenshaw School to get acquainted.

The Social World

...for and About Women

Business, Professional Women's Club President Calls on Group to Rededicate Itself During 27th Annual Celebration

Today, at the outset of the 27th annual National Business Women's Week, which runs through Saturday, Miss Helen Maddex of Ukiah, president of the California Federation of Business and Professional Women's Clubs, called upon the 15,000 members of her organization to rededicate themselves to the principles for which the career women's club was founded.

"To elevate standards and to promote interests of women in business and the professions are keystones of the National Federation of Business and Professional Women's Club," Miss Maddex reminded club members.

"Born in St. Louis in 1919, the National Federation is now rounding out its 35th year. National Women's Suffrage and the California Federation came into being simultaneously a year later."

"That coincidence of birth is significant," the state BPW president continued. "From the beginning, our organization has sought to equalize the legal rights of men and women and to effect efficient government through sponsorship of an informed voting membership."

"By what more effective means can working women assure themselves of the continued right to improve themselves professionally than by an intelligent exercise of the voting privilege?"

"We should all go to the polls Nov. 2 with every candidate and election issue measured against the objectives of our Federation. Not one of us can afford to shirk that responsibility," she declared.

Miss Maddex urged the state federation's 278 clubs—most of which have scheduled special events for observance of National Business Women's Week—to devote serious study within the next three weeks to election issues.

BENEFIT ASSOCIATION

Women's Benefit Association will meet at the home of Lola Hedges, 1314 W. 159th St., Gardena, Wednesday.

Mayor Proclaims National Business Women's Week

WHEREAS National Business Women's Week will be celebrated throughout the nation beginning on October 10 and ending October 16; and

WHEREAS the organization of The National Federation of Business and Professional Women's Clubs, Inc. is contributing much toward the development of business and industry; and

WHEREAS we are emphasizing "GET-OUT-THE-VOTE" in this Congressional Election Year; and

WHEREAS the Torrance BPW Club, as an affiliate of the National Federation, is likewise contributing much toward the improvement and progress of business, industry and civic needs in our community,

NOW, THEREFORE, I, Nickolas O. Drale, Mayor of the City of Torrance, California, do hereby proclaim the week beginning October 10 and ending October 16, 1954, as

BUSINESS WOMEN'S WEEK

in Torrance, and urge our leaders of business and industry to join in this observance.

IN WITNESS WHEREOF I have hereunto set my hand and caused the seal of the City of Torrance to be affixed this eighth day of October, 1954.

NICKOLAS O. DRALE
Mayor
City of Torrance, California

San Pedro Women of Moose Hold Christmas in October To Insure Gifts for Needy

Christmas in October is not out of season but an annual event for San Pedro Women of the Moose who rush the holiday festivities to play Santa Claus to the children of Mooseheart, Ill., and their aged friends at Moosehaven in Orange Park, Fla.

A lighted Christmas tree and Yuletide decorations will set the stage for the Christmas in October spirit tonight at Moose Lodge on Elberon Ave., in San Pedro. In lieu of gifts or toys, members of Chapter No. 560 will participate in a silver march around the Christmas tree. Proceeds will be equally distributed to Mooseheart and Moosehaven for their Christmas fund.

Recipients at the Children's Home this year will be a group of high school students in their

junior year who are housed in the California Building.

Highlighting the evening's program, Genevieve Sector, argus, will relate her personal experience at Mooseheart this summer. Juanita Bender, chaplain, visitor at Moosehaven during her vacation, will also discuss her trip to the Home for the Aged.

Other features of the evening will include a Chinese auction with Pearl Passarelli, Mooseheart chairman, acting as auctioneer.

Refreshment committee members are: Pearl Morgan, Bettie Lovelless, Albertina Langner and Mrs. Passarelli.

TORRANCE HIGH PLANS POTLUCK

With "Let's Get Acquainted" as its theme, Torrance High School PTA will begin the school year's activities with a potluck supper in the school cafeteria tomorrow evening at 6:30.

The entire high school faculty will be present to meet the parents, said Bruce Magner, principal. Parents who desire to attend are requested to bring their own table settings, milk for children and a large main dish, salad, or dessert.

A meeting is scheduled following the potluck at 8 p.m. Mr. Zavislan will lead the group in community singing.

EL NIDO PTA PANEL

El Nido PTA will present a parent-teacher panel discussing "Knowing Your Curriculum" at a meeting Wednesday at 8 p.m. in room 5.

Walter Rowoldt, member of the Board of Education, will be monitor. Members of the sixth grade class will participate.

SEWING CIRCLE

The Royal Neighbors' Sewing Circle will have a pot-luck luncheon at the Woman's clubhouse, 1422 Engracia Ave., tomorrow noon.

Favorite Recipes



A FOUR-LAYER . . . sandwich loaf is a favorite with Mrs. J. S. McMullen, who uses it for party snacks. It's made with day-old bread with layers of tuna, cheese and bacon spread, and olives and cream cheese.

Party Sandwich Loaf Makes Tempting Snack

Mrs. J. S. McMullen, 1734 Watson Ave., president of the Woman's Society of Christian Service of the Methodist church, uses this for her favorite party recipe.

PARTY SANDWICH LOAF

- | | |
|---------------------------------------|-------------------------------------|
| 1 loaf day-old bread | softened butter for spreading |
| 1 small can tuna (drained) | mayonnaise for mixing tuna |
| 1 jar cheese and bacon spread | 1/2 cup minced olives cream or milk |
| 2 3-oz. pkgs. cream cheese | |
| 1 8-oz. or 3 3-oz. pkgs. cream cheese | |

Remove all crusts from a loaf of day-old bread, forming square corners, cut into four lengthwise slices, spread first slice with softened butter or margarine. Combine one small can tuna, drained and moistened with mayonnaise, spread on slice of bread. Butter the next slice and lay spread side down over tuna mixture. Combine one jar of cheese and bacon spread with enough mayonnaise to moisten, and spread on second slice, and add third slice. Combine 2 3-oz. pkgs. cream cheese with 1/2 cup minced olives, spread on and add fourth slice of bread and press together. Mash thoroughly one 8-oz. or 3 3-oz. pkgs. cream cheese, adding enough milk or cream to make it spread easily. Food coloring may be added for a change or to help carry out color schemes. Frost loaf all over, and garnish with sliced pickles and green olives. Chill at least one hour, and slice width-wise.

This will serve 15.

Lioness Club Initiates 2

Two new members, Mrs. Jack Ewalt, chairman; and Mrs. A. F. R. Smith and Mrs. John A. Willd, Hugh Bowman, William Delzell, Mort Farrell, W. B. Hickcox, Albert Isen, James Krueger, A. B. McTea, Kenneth Olson, and Jack Smith.

The next meeting is scheduled for Oct. 19 at the home of Mrs. Moulton, 1721 Greenwood Ave.

Early Yule Party Held at Moose Hall

Christmas came early at the Moose Hall recently when the Women of the Moose, Chapter 44, held their annual "Christmas in October" to collect Christmas gifts for the needy early enough to insure distribution.

Wrapped gifts were brought by members and placed around a decorated Christmas tree. The presents will be sent to Mooseheart and Moosehaven for distribution.

The hall was decorated in green and red streamers, icicles, and Christmas lights and bells. Refreshments, including a decorated cake, were served.

In charge of the evening's activities were Mrs. Noel Peacock, Mooseheart chairman, and Mrs. Ernest Hill, Moosehaven chairman.

Two new members, Anette Weldy and Mary Moore, were initiated into the defending circle the same evening.



WOMEN OF THE MOOSE, Chapter 44, held their annual "Christmas in October" at the Moose Hall recently. Purpose of the evening was to gather Christmas gifts early so they could be sent to Mooseheart and Moosehaven for distribution. Left to right, Mrs. Ernest Hill, Moosehaven chairman; Mrs. Noel Peacock, Mooseheart chairman; Mrs. George Clay, senior regent.

THE STORK STORY

Five brothers welcomed Marilyn Frances when she joined the household of Mr. and Mrs. F. A. Cameron of 22539 S. Vermont Ave., on Oct. 4 at 5 a.m. The little 5 lb., 5 1/2 oz. Miss will be the center of attention for brothers, Fred Jr., 15, James 14, twins Robert and Richard, 5 and Michael 3. Likewise for the grandmothers, Mrs. Mollie Cameron and Mrs. Mary Dodill, both of Torrance.

Patricia Ann is the newest member of the family of Mr. and Mrs. Earl E. Clark of 18304 Regina Ave. She announced her arrival at 12:09 a.m. Oct. 5 and will be greeted at home by her brother, Michael Edward. Maternal grandparents are Mr. and Mrs. Bert C. Wild of Torrance and Mr. and Mrs. Willard Clark of McLeanboro, Ill.

Mr. and Mrs. Earl Davis of 20938 Denker Ave. welcomed their third child Oct. 4 at 7:58 a.m. in the person of 9 lbs., 3

oz., Nancy Jeanette. She will join her sister, Linda 4 1/2 years, and a brother, Craig, 2 years.

Maternal grandparents are Mr. and Mrs. Lane of Signal Hill and Mr. F. L. Davis of Long Beach, who is the paternal grandfather.

An Oct. 5, arrival at the home of Mr. and Mrs. Melvin Lubmann of 1060 Ave. "C" of Redondo Beach was Pamela Jean, who made a 7 lb., 10 1/2 oz. appearance at 10 a.m. She is being welcomed at home by sister, Sandra Cheryl and brother, Dennis Gene. Grandparents are Mr. and Mrs. H. Arnold of So. Minneapolis, Minn., and Mr. and Mrs. W. Lubmann of Lawndale.

Fourth child for Mr. and Mrs. Robert H. Carter of 22402 Meyler St. is a daughter who arrived Oct. 5. Her sisters are Maryann, age 10, Nancy Sue, age 1 and brother, Peter, age 12. Grandmother is Mrs. Edith

Reed of Glendale and grandfather, Ward P. Carter of Los Angeles.

Children of Mr. and Mrs. Robert A. Kestler of 3922 W. 176th St., are telling their playmates of a new sister who made her appearance at 8:52 p.m., Oct. 4, and who will answer to the name of Roberta Pauline. Kestler children are Patti, 13, Mary Dec. 4 and Terri, 16. C. J. Stoble of Miracle Hot Springs, Calif., is the maternal grandmother.

Holly Michele is the first child of Mr. and Mrs. John S. Beale of 1628 W. 206th St. The little lady, who tipped the scales at 2 lbs., 12 oz., put in an appearance at 10:15 a.m. Oct. 6.

Maternal grandparents are Mr. and Mrs. Roy E. Leatherman of Riviera, Calif., and paternal grandparents are Mr. and Mrs. Frank R. Beale of Haddonfield, N. J.

Woman's Club Initiates 6 New Members

Torrance Woman's Club began its 33rd year recently with a luncheon at the clubhouse, 1422 Engracia Ave.

Special guests were newly initiated members Mmes. C. A. R. Power, Howard Percy, D. J. Quinlivan, Ralph Ruffraff, Walter Stanton, and Claude M. Wheeler.

Mrs. Edward Cornelison presented a program called "Hats Can Be Fun" using hats she had designed and made. Members of the club representing different types, colorings, and personalities, modeled the hats.

Plans for a rummage sale and winter fashion show were discussed.

BETSY ROSS CLUB

The members of Betsy Ross Club will meet at the home of Mrs. L. T. Fylock, 2059 Middlebrook Rd., tomorrow at 10 a.m. for a potluck luncheon.



COED NEWCOMERS . . . to El Camino College pose briefly prior to attending the freshman tea, first social activity of the Associated Women Students this year. Left to right, Babs O'Hanlon, Torrance; Doralee Chaffin, Torrance; Nancy Kauffman, Gardena; Janet Van Dyke, Torrance; Nancy Jones, Gardena; and Ricky Godso, Inglewood.